

## ESC volunteering project

« Supporting teenagers with disabilities, in sports, leisure activities and learning about everyday life »

- Country: France
- City: Plabennec (close to Brest)
- Volunteering dates: from September 07<sup>th</sup>, 2020 to July 09<sup>th</sup>, 2021
- Activity topics: social challenges

### → The receiving organisation: IME (Medico-educational Institute) "Les Genêts d'Or"

The IME "Les Genêts d'Or" of Plabennec is an educational structure which welcomes (during the day and in boarding accommodation) **children and adolescents with disabilities (intellectual disability, autism, multiple disabilities) from 06 to 20 years old**, in different groups according to their age, autonomy and needs.

They benefit from pedagogic interventions (school) and educational support, aimed at developing their autonomy in the acts of daily life and for their future adult life. They also benefit from therapeutic and paramedical interventions, and leisure activities (sport, culture, etc...).

120 professionals support 100 young people.

The young volunteer will mainly work in a sector welcoming adolescents aged from 14 to 20 years old (with autism and / or intellectual disability).

Some have skills and an interest in the work activity and benefit from learning activities through vocational training workshops. Others do not plan to work but have a certain autonomy in their daily life as well as social skills.

These young people may manifest certain behaviour problems which can be expressed by shouting or aggression (breaking an object, jostling someone, for example). These disorders are often caused by stress.

The young volunteer will also be able to accompany other children and / or adolescents of the IME, in particular during sports activities.

### → Project and activities offered to the volunteer:

The volunteer will work initially in support of professionals in various activities for teenagers with disabilities:

- Sports activities (football, swimming, athletics, judo, badminton, horse riding, bodybuilding, motor activities, basketball...)
- Learning activities of daily life (shopping, cooking, walking in autonomy, taking the bus, going to the hairdresser, making medical appointments ...)

- Various activities (class time with the teacher, use of communication tools, small games, etc...)
- Daily activities (welcoming young people in the morning, lunch, evening departure, etc...).

In a second step, he or she can carry out alone in individual animation or with small groups.

If possible, the volunteer can propose a personal project, and work on sharing his/her own culture.

**If you want more information about the activities**, please contact Ana, the current volunteer, at [annrubashvili@gmail.com](mailto:annrubashvili@gmail.com)

### → **Volunteer's profile**

We would like to welcome people motivated by the support of adolescents with disabilities.

Prior experience and an interest in sport are also necessary.

Minimal bases of French are preferable.

### → **Volunteer's support:**

He-She will be accompanied mainly by the educator responsible for learning activities of daily life (tutor), but with the support of the entire educational and care team.

### → **Accommodation, food and transport arrangements**

The volunteer will be accommodated in Brest city centre in a flat: individual studio or shared-flat with another volunteer(S) but always with an independent bedroom.

Food: we give each month 220€ for all food expenditures but it's also possible to take meals on the spot.

Transports: we will give a monthly subscription for bus network. Good to know: the hosting organisation is in Plabennec, 17 km far from Brest. The volunteer will take the bus to go from the accommodation place to the EMI.

Here is a photo of Brest military port:



Brest is a large seaport situated on the Atlantic coast (300km from Rennes which is the capital of Brittany, our region). Population of Brest : 150 000 inhabitants including 26 000 students.

### → Trainings during the project

- pre-departure training will be organised by the sending organisation
- on-arrival training and mid-term training organised by the French National Agency with the coordinating organisation
- French classes with a local association in Brest: 2 X 2 hours a week from October to June In the hosting organisation, the volunteer will be accompanied mainly by the educator responsible for the learning activities of daily life (tutor)

### → How to apply?

Candidates have to send their application (CV + motivation letter) to Agnès Pissavy, project's coordinator, at [agnes.pissavy@bjj-brest.org](mailto:agnes.pissavy@bjj-brest.org)

Please write down the project title in your email object (we have been recruiting for several projects).

→ **Application deadline: May, 31<sup>st</sup>, 2020**

**Warning!**

**We won't take into consideration general application letters sent to dozens of projects.**